



Complete carry-out service

75th & Cass Ave.
Darien

Call or fax ahead . . .
Tel. 964-8197
Fax 964-4648

W/97

Steak & Eggs

SIRLOIN STEAK (8 oz.) AND TWO EGGS	8.95
RIB-EYE STEAK (8 oz.) AND TWO EGGS	8.95
BUTT STEAK (8 oz.) AND TWO EGGS	8.95
NEW YORK STRIPSTEAK (8 oz.) AND TWO EGGS	8.95
BEEFEATER.....	5.95
1/2 lb. beefburger and two eggs, any style	
CENTER CUT PORK CHOPS AND TWO EGGS (1 CHOP) - \$6.45 (2 CHOPS) - 7.45	
COUNTRY FRIED STEAK	6.25
With your choice of 2 eggs	

Gourmet Pancakes

Light and distinctive buttermilk pancakes prepared with our own special blend of ingredients, served with a scoop of whipped butter and syrup.	
BUTTERMILK PANCAKES.....	3.40
Our own special batter makes these out of the ordinary with butter and syrup	
CHOCOLATE CHIP PANCAKES.....	3.95
GEORGIA PECAN PANCAKES	3.95
PANCAKE SANDWICH	3.45
Two buttermilk pancakes with a slice of honey-glazed ham topped with 2 eggs, any style	
CRISP BACON PANCAKES	3.95
OUR SHORT STACK	3.15
With butter and special syrup	
FRUIT FILLED ROLL-UPS	4.55
Sliced apples, blueberries, cherries or strawberries rolled in large buttermilk pancakes, topped with whipped cream and whipped butter	

Cheese Blintzes and Crepes

CHEESE BLINTZES (Homemade).....	4.45
CHEESE BLINTZES WITH FRUIT TOPPING	4.85
With your choice of blueberries, cherries, bananas, peaches, or strawberries	
STUFFED CREPES WITH YOUR CHOICE OF FILLING	4.85
Apple, blueberry, cherry or strawberry	
COTTAGE CHEESE CREPES	3.95
CHOCOLATE CHIP CREPES	3.95
PLAIN CREPES.....	3.55

Waffles and French Toast

Served with powdered sugar, whipped butter and syrup	
BELGIAN WAFFLE.....	3.45
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Served with choice of sliced apples, blueberries, cherries or strawberries with mounds of whipped cream	
ALASKAN WAFFLE - One scoop of ice cream, strawberries and whipped cream	4.95
FLUFFY FRENCH TOAST - Egg rich	3.45
FRENCH TOAST	3.45
Served with choice of sliced apples, blueberries, cherries or strawberries with mounds of whipped cream	

Healthy Choice's

VEGGIE DELIGHT	5.45
Egg beater omelette with onions, green peppers, tomatoes, broccoli, mushrooms, and low fat mozzarella with tomato slices and toast	
EGG BEATER BREAKFAST	3.55
2 scrambled egg beaters with tomato slices and toast	
EGG BEATER FRENCH TOAST	3.95
This whole wheat bread dipped in egg beaters and coated to a golden brown	
SPINACH DELIGHT	4.75
Fresh spinach and low fat mozzarella in an egg beater omelette with slices of tomato and toast	

Side Orders

ONE FRIED OR SCRAMBLED EGG.....	1.05
BACON OR SAUSAGE LINKS	1.05
SAUSAGE PATTY	1.05
HASH BROWN POTATOES	1.25
COOKED OR DRY CEREAL WITH MILK	1.75
FRIED EGG SANDWICH	2.15
CANADIAN BACON.....	2.15
BAM.....	2.15
CORNED BEEF HASH.....	2.45
CEREAL Topped with Banana.....	2.20

Toast & Rolls

WHITE, WHEAT OR RYE TOAST.....	90
CINNAMON TOAST	95
RAISIN TOAST	95
ENGLISH MUFFIN	1.15
ASSORTED SWEET ROLLS	1.15
RAISIN TOAST	95
PECAN ROLL	1.35
BAGEL with cream cheese	1.55

Breakfast Specials

SHIELD SPECIAL	4.25
2 eggs, 2 pancakes, 2 bacon strips, 2 sausage links and 2 slices of toast	
THREE PANCAKES & TWO EGGS	4.75
Any style, with choice of ham, bacon or sausage and buttered toast	
SHIELD WAFFLE	3.95
Belgian waffle served with two bacon strips or two sausage links	
BELGIAN WAFFLE SPECIAL	4.95
Topped with one fried egg and your choice of bacon, sausage or ham	
SHIELD FRENCH TOAST	3.95
Four fluffy wedges, served with two bacon strips or two sausage links	
EGGS BENEDICT	4.85
Two poached eggs on an english muffin with canadian bacon & hollandaise sauce	
BITTS & GRAVY	2.95
Two oven baked biscuits with country gravy	
DICED HAM SPECIAL	4.75
Three scrambled eggs with diced ham served with potatoes, and buttered toast	
CORNED BEEF HASH & TWO EGGS	3.95
Corned beef hash topped with two eggs, any style with buttered toast	
CHICKEN BREAST AND EGGS SPECIAL	6.30
Two eggs any style served with skinless chicken breast, potatoes, and buttered toast	
POLISH SAUSAGE AND EGGS	4.95
Two eggs any style with polish sausage, potatoes, and buttered toast	
CANADIAN BACON SPECIAL	3.55
Two eggs any style served with three slices of canadian bacon, potatoes, and buttered toast	
GYROS PLATE	4.95
Slices of athens gyro served with two eggs, hash brown potatoes, and buttered toast	
SHIELD MUFFIN	3.95
An english muffin sandwich made with one egg, american cheese, and your choice of bacon, ham, or sausage, served with hash brown potatoes	
PIES IN A BLANKET	4.15
Three tiny sausage links rolled into three buttermilk pancakes	
BISCUIT COUNTRY SPECIAL	4.75
Country gravy, served over biscuits with two fresh eggs, any style	
We now offer egg beaters, 30 cents additional per egg	
* Roasted Eggs served till 11:30 a.m. weekdays and 12:30 p.m. weekends	
** All eggs AA extra large, prepared any style & served with hash brown potatoes, toast, butter & jelly.	
ONE COUNTRY FRESH EGG	2.80
With Bacon, Sausage or Ham	3.40
TWO COUNTRY FRESH EGGS	2.95
With Bacon, Sausage or Ham	4.15
THREE COUNTRY FRESH EGGS	3.40
With Bacon, Sausage or Ham	4.60
ATHENIAN SKILLET	5.25
Onions, green peppers, onions, potatoes, and feta cheese topped with two eggs, any style	
SAUSAGE OR BACON SKILLET	5.25
Onions, pepper, onions, potatoes and cheddar cheese, topped with two eggs, any style	
BAM SKILLET	5.25
Ham, green pepper, onions, potatoes and american cheese, topped with two eggs, any style	
VEGETARIAN SKILLET	5.25
Tomatoes, onion, green pepper, mushrooms, potatoes, cheddar cheese and mozzarella cheese, topped with two eggs, any style	
Award Winning Omelettes	
Any omelette made with egg beaters, 25 cents. All omelettes are cooked with three eggs, served with hashbrown hash brown potatoes, toast, butter, and jelly.	
Extra 50 for omelettes - toppings - 50. Heat - 50. Cheese - 50	
CHEESE OMELETTE (AMERICAN)	3.95
PLAIN OMELETTE	2.95
HAM, BACON OR SAUSAGE OMELETTE	4.25
WITH CHEESE	4.55
FRESH SPINACH OR MUSHROOM OMELETTE	4.25
WITH CHEESE	4.55
FETA CHEESE OMELETTE	4.55
GYROS & CHEESE OMELETTE	4.75
BRROCOLI AND CHEESE OMELETTE	4.65
DENVER OMELETTE	4.75
Bacon, onions and peppers	
WILD WEST OMELETTE	4.95
Cajun bacon, onions, peppers & cheese	
POPEYE OMELETTE	4.95
Fresh spinach, bacon and swiss cheese	
ATHENIAN OMELETTE	4.95
Tyros, feta cheese, peppers, and onions	
SPANISH OMELETTE	4.55
Cheddar cheese and salsa	
ROYAL OMELETTE	4.95
Green peppers, onions, mushrooms & american cheese	
TRIPLE CHEESE OMELETTE	4.95
Cream, mozzarella and swiss	
VEGETARIAN OMELETTE	4.95
Onions, green pepper, mushroom, tomato & swiss	
SHIELD OMELETTE	4.95
Broccoli, bacon and salsa cheese	

Additional breakfast items on back page

Ala Carte Includes:

Bowl of soup or salad, choice of potato or rice, rolls and butter

Complete Dinner (\$1.05 Additional) Includes:

Bowl of soup and salad, potato or rice, rolls and butter, coffee or tea and dessert from our pie case

Steaks and Chops

	Ala Carte Price
BUFF STEAK 8 oz.....	8.45
Fresh cut broiled buff steak served with au jus	
NEW YORK SIRLOIN 8 oz.....	8.95
Fresh cut broiled sirloin served with mushrooms and au jus	
RIBEYE STEAK 8 oz.....	7.95
8 oz. Ribeye served with mushrooms and au jus	
SKIRT STEAK 12 oz.....	10.95
Fresh cut skirt steak served with au jus	
BROILED PORK CHOPS.....	8.95
Fresh center cut broiled chops served with au jus	

Shield Combos

BUFF STEAK COMBO.....	9.95
8 oz. buff steak with your choice of three fried shrimp or half slab of barbecue ribs	
NEW YORK SIRLOIN COMBO.....	9.95
8 oz. sirloin with your choice of three fried shrimp or half slab of barbecue ribs	
RIBEYE COMBO.....	8.95
8 oz. Ribeye with your choice of three fried shrimp or half slab of barbecue ribs	
BARBECUE RIBS AND SHRIMP COMBO.....	9.95
Half slab of barbecue ribs served with three fried shrimp	

The Captains Choice

FISH FRY (all you care to eat).....	7.45
Perch, cod, popcorn shrimp, clam strips and hush puppies	
BAKED STUFFED SHRIMP.....	8.95
6 shrimp stuffed with crabmeat served over rice	
JUMBO FRIED SHRIMP.....	8.95
6 fried shrimp served with cocktail sauce	
COMBINATION SHRIMP PLATTER.....	8.95
3 stuffed shrimp and 3 fried shrimp served over rice	
FRIED OCEAN PERCH.....	6.45
Lightly breaded perch served with tartar sauce	
FRIED COD FISH.....	6.45
Lightly breaded cod served with tartar sauce	
DEEP SEA SCALLOPS.....	8.25
Lightly breaded scallops served with tartar sauce	
COMBINATION SEAFOOD PLATTER.....	8.95
Combination of shrimp, perch and scallops, served with cocktail and tartar sauce	
BROILED ORANGE ROUGHY.....	8.45
Served with lemon butter	
BROILED RED SNAPPER.....	8.45
Served with lemon butter	
BROILED HALIBUT.....	8.45
Served with creole or lemon butter	
BROILED CATFISH.....	7.95
Regular, Cajun or lemon pepper catfish served with lemon butter	

Sorry, not responsible for lost articles

Minimum charge \$1.50 per person in dining room only.

15% gratuity will be added for parties of 8 or more.

Grecian Delights

	Ala Carte Price
BROILED GRECIAN STYLE CHICKEN	7.95
Chicken broiled with athorean seasonings (Allow 30 minutes)	
GRECIAN STYLE STEAK	11.45
12 oz. skirt steak marinated in lemon and athorean seasonings	
GRECIAN STYLE PORK CHOPS	8.95
Fresh cut chops marinated in athorean seasonings	
GRECIAN STYLE CHICKEN BREAST.....	7.95
Skinless chicken breast marinated in athorean seasonings smothered in peppers, grilled onions and topped with feta cheese	
ATHENIAN GYROS PLATTER.....	6.95
Fresh sliced gyros served with onions, tomatoes, peppercini, Greek olives and feta cheese on pita bread	

Kid's Menu

Children under 10	
SPAGHETTI OR MOSTACCIOLI	3.25
Served with meat sauce	
HOT ROAST TURKEY SANDWICH	3.65
HOT ROAST BEEF SANDWICH	3.45
BEEFBURGER	3.45
Served with french fries	
HOT DOG	2.95
Served with french fries	
CHICKEN BREAST STRIPS (4)	3.45
Served with french fries	
GRILLED CHEESE	2.75
Served with french fries	
MINI HEADED SHRIMP	3.45
Served with french fries	
1 LARGE PANCAKE OR 1 EGG OR 2 WEDGES OF FRENCH TOAST.....	2.75
Served with two sausage links or two strips of bacon	

Beverages

SUPERIOR COFFEE	90	SOFT DRINKS (Unlimited Refills).....	1.15
FRESH BREWED DECAF	90	PITCHER	3.95
HOT TEA	80	ICED TEA (Unlimited Refills)	1.15
MILK	85/.95	LEMONADE	1.45
CHOCOLATE MILK	90/1.10	ORANGE, TOMATO	
HOT CHOCOLATE	90	GRAPEFRUIT JUICE.....	1.25/1.85
		ICED CAPPUCCINO	1.85

Side Orders

CROISSANT	1.25	CORNED BEEF HASH	2.65
COTTAGE CHEESE	1.15	BACON OR	
WITH PEACHES	1.55	SAUSAGE LINKS	1.95
PEACHES, PEARS OR PRUNES	1.25	SAUSAGE Patties	1.95
COLE SLAW	1.25	CANADIAN BACON OR HAM	2.15
ANY STYLE POTATOES	1.25	DINNER ROLL WITH BUTTER	4.95
VEGETABLE OF THE DAY	1.55	SLICED TOMATOES	1.15
CHEDDAR FRIES	1.85	CHEDDAR CHILI FRIES.....	2.55

Desserts

HOMEMADE RICE PUDDING.....	1.25	FRESH FRUIT (In Season)	1.95
SMALL ICE CREAM SUNDAE	1.95	Watermelon, Cantaloupe, Honeydew	
ICE CREAM (1 SCOOP)	1.15	cheesecake	2.45
FRESH BAKED FRUIT PIES	1.85	With	
CREAM PIES	2.10	fruit topping	2.75
		ASSORTED LAYER CAKES	2.25

From our Fountain

FRESH STRAWBERRY OR HOT FUDGE SUNDAE.....	3.20
CHOCOLATE, STRAWBERRY OR VANILLA SUNDAE	2.95
FRESH STRAWBERRY BANANA SPLIT	3.75
Three scoops of ice cream, fresh strawberries, banana, whipped cream, sugar wafers and chopped pecans	
BANANA SPLIT	3.55
Three scoops of ice cream, banana, whipped cream, fruit topping, sugar wafer and chopped pecans	
HOT FUDGE PECAN BANANA SPLIT	3.75
Three scoops of ice cream, between bananas and hot fudge, whipped cream, sugar wafers and chopped pecans	
BOSTON STYLE SODAS	
Vanilla - Chocolate - Strawberry	3.15
Served with whipped cream, sugar wafers, chopped pecans and cherries	
SHAKES	
Vanilla - Chocolate - Strawberry	2.55



10% Senior Citizen discount given with a \$4.50 minimum purchase per person
from Monday - Friday 6:00 a.m. to close. Saturday and Sunday from 1:00 p.m. to close